

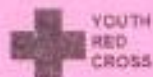


KLE Society's S. Nijalingappa College

Rajajinagar, II Block, Bengaluru - 10, Karnataka, India
Re-accredited by NAAC at A+ Level with CGPA 3.53 on 4.0 Scale
College with UGC STRIDE Component - 1



National Service Scheme (NSS), National Cadet Corps (NCC),
Youth Red Cross (YRC)



In Association with
Lions Club International District 317A
LIONS CLUB OF BANGALORE ELITE
& LIONS BLOOD BANK



SERVE WITH JOY
2007-2016 0004-01



Mega Blood Donation Camp For All Students and Staff



Date : 10th February 2021
Time: 09.00am to 03.00pm
Venue: KLE College Campus

ಕೂಲಿ 09.00
LIONS BLOOD BANK

1 unit of Blood
Collected can save 4
lives

For Registration

Contact :

Dr. Prathibha K. S.
NSS Programme Officer
HoD, Biotechnology

Dr. K.V. Jayaram
NCC Officer

Dr. Tejaswini B. Nandi
Youth Red Cross Officer
HoD, Zoology

Dr. Arunkumar B. Sonappanavar,
Principal

Queries:

Contact - +91 9844668111

Stay Safe - KLE Management, Principal, Heads of various Departments, faculty, Students, NSS Volunteers of KLESNC



ಅಯಸ್ ರಕ್ತ ಬ್ಯಾಂಕ್
LIONS BLOOD BANK

Eligibility Criteria/Guidelines for Donors

- All physically well persons between 18 to 65 years of age, weighing at least 45 kgs and having Hb% >12.5
- Ladies can donate blood once in 4 months and gents once in 3 months.
- The human body has 5 to 6 litres of blood. You will be donating only 350/450 ml of blood, in a span of 5-10 min. After a short 15 minutes rest and a snack, you are able to resume your normal duties.
- It is safe and healthy to donate blood in regular intervals. The benefits of Blood Donation are it reduces cholesterol, helps in maintaining healthy heart and liver. We certify use of sanitized material and hygienic practices for drawing blood
- A unit of blood can save up to 4 lives
- Persons who have consumed alcohol 24 hours prior to donation cannot donate the blood. Suffering from cough, Flu or sore throat, cold, pregnancy or breast feeding or under any medication cannot donate blood
- You should have slept well, eaten well and not taking any medicines to be eligible for blood donation
- Please talk to the medical practioner and enrol yourself for blood donation today

Lions Blood Bank, Lions Clubs International District 317A
Prasad Elegance, No 22925/A-16, 2nd Floor, Attiguppe, Vijayanagar
Bangalore 560046. Phone: 080 23392676/98451 65539
lionsbloodbank317a@gmail.com



ಅಯಸ್ ರಕ್ತ ಬ್ಯಾಂಕ್
LIONS BLOOD BANK

ರಕ್ತದಾನಕ್ಕಾಗಿ ಅರ್ಹತಾ ಮಾನದಂಡಗಳು (Donor Eligibility)

- 18 ಕ್ಕೆ ಹೆಚ್ಚಿನ ಗಿಂತ ಹೆಚ್ಚು ತೂಕವಿರುವ ಮತ್ತು Hb% >12.5 ಹೊಂದಿರುವಂತೆ ಗಂಡ ರಿಂದ 28 ವರ್ಷದವರೆಗಿನ ಸದ್ಯಕ್ಕೆ ಆರೋಗ್ಯವಂತ ದಾನಿಗಳು ರಕ್ತದಾನ ಮಾಡಬಹುದು
- ಮಹಿಳೆಯರು 4 ತಿಂಗಳಿಗೊಮ್ಮೆ, ಹಾಗೂ ಗಂಡಸರು 3 ತಿಂಗಳಿಗೊಮ್ಮೆ ರಕ್ತದಾನ ಮಾಡಬಹುದು
- ಆರೋಗ್ಯವಂತ ಮನುಷ್ಯನ ದೇಹದಲ್ಲಿ 5-6 ಲೀಟರ್ ರಕ್ತವಿರುತ್ತದೆ. 350/450 ML ರಕ್ತವನ್ನು ಮಾತ್ರ 5-10 ನಿಮಿಷದಲ್ಲಿ ನಿಮ್ಮಿಂದ ಸಂಗ್ರಹಿಸಲಾಗುತ್ತದೆ. ರಕ್ತದಾನ ಮಾಡಿದ 15 ನಿಮಿಷಗಳ ವಿಶ್ರಾಂತಿ ಹಾಗೂ ಉಪಹಾರವು ಬಳಿಕ ನಿಮ್ಮ ದೈನಂದಿನ ಚಟುವಟಿಕೆಗಳನ್ನು ಮುಂದುವರಿಸಬಹುದು
- ನಿಯಮಿತ ರಕ್ತದಾನದಿಂದ ಆರೋಗ್ಯವೃದ್ಧಿ ಆಗುವುದು, ಹೃದಯ ಹಾಗೂ ಯಕೃತ್ತಿನ ಆರೋಗ್ಯವು ವೃದ್ಧಿಯಾಗುವುದು, ಕೊಲೆಸ್ಟ್ರಾಲ್ ದೇಹಸೂಚಕ ಕಡಿಮೆಯಾಗುವುದು, ರಕ್ತದಾನವನ್ನು ಸುರಕ್ಷಿತ ಹಾಗೂ ಸುಲಭವಾಗಿ ಮಾಡಿದ ಹಾಗೂ ಪ್ರಕ್ರಿಯೆಯಲ್ಲಿ ಮಾಡಲ್ಪಡುವುದು
- ಒಂದು ಯೂನಿಟ್ ರಕ್ತದಿಂದ 4 ಜೀವ ಉಳಿಸಬಹುದು
- ರಕ್ತದಾನ ಮಾಡಲು ಇಚ್ಛಿಸುವವರು 24 ಗಂಟೆಯವರೆಗೆ ಮದ್ಯಪಾನ ಮಾಡದಿರಬೇಕು ಯಾವುದೇ ತರಹದ ಸಿಜಾಂಕು, ಕಾಂಪ್ಲಿಕ್ಸ್ ಇಂದ ಬಳಬುಕ್ಕಿರಬೇಕು ಬಾಣಂತಿಯರು ಮತ್ತು ಗರ್ಭಿಣಿಯರು ರಕ್ತದಾನ ಮಾಡಬಾರದು
- ರಕ್ತದಾನ ಮಾಡುವ ಮುನ್ನ ಸರಿಯಾಗಿ ನಿದ್ರೆ ಮಾಡಿರಬೇಕು, ಆಹಾರ ಸೇವಿಸಿರಬೇಕು ಮತ್ತು ಯಾವುದೇ ತರಹದ ಔಷಧಿಗಳನ್ನು ತೆಗೆದುಕೊಂಡಿರಬಾರದು
- ರಕ್ತದಾನಕ್ಕೆ ಇಂದೇ ನೋಂದಾಯಿಸಿರಿ ಹಾಗೂ ಸಮ್ಯಕ್ ತಯಾರಿಸಾಧಿಸಿರಿಗಳನ್ನು ಸಂಪರ್ಕಿಸಿ ರಕ್ತದಾನಕ್ಕೆ ನಿರವಕಾಶಿಸಿರಿ ಎಂದು ದೃಢಪಡಿಸಿಕೊಳ್ಳಿ

ಅಯಸ್ ರಕ್ತ ಬ್ಯಾಂಕ್, ಅಯಸ್ ರಕ್ತ ಬ್ಯಾಂಕ್ ಇಂಟರ್ನ್ಯಾಷನಲ್ ಡಿಸ್ಟ್ರಿಕ್ಟ್ 317A
ಪ್ರಸಾದ್ ಎಲೆಗನ್ಸ್, 22925/A-16, 2ನೇ ಮಹಡಿ, ಅತ್ತಿಗುಪ್ಪೆ, ವಿಜಯನಗರ
ಬೆಂಗಳೂರು 560046, ಸಂಪರ್ಕಿಸಿ: 080 23392676/98451 65539
lionsbloodbank317a@gmail.com



KLE Society's
S. NIJALINGAPPA COLLEGE

II-Block, Rajajinagar, Bengaluru-10
Re-accrredited by NAAC at A+ grade with 3.53 CGPA
College with UGC-STRIDE Component - I
Phone: 080-23526055, 080-23325020, Fax 080-23320902

Website: www.klesnc.org

E-mail: info@klesnc.org

kleaects@yahoo.com

YOUTH RED CROSS

MEGA BLOOD DONATION CAMP – 2020-21

On 10th February 2021 NCC unit, NSS unit and YRC wing of KLE's S Nijalingappa College, Rajajinagarin association with Lions Club organised a blood donation camp. The camp was organised by the faculty to help the Cancer patients. The camp took place in the General staff room and ladies room of our college campus. The Principal of the College had invited as chief guest for this function. The function started around 9 o'clock in the morning, with the Lions club team. All stream students of the College and many common people also participated in this. The blood collected from this camp was to be given to the Kidwai Cancer Hospital. The College had arranged for refreshments for those who donated blood in the camp. Students and other people who had participated in this blood donation camp were given certificates. To watch over the entire process and to collect the blood, a team of five doctors were put in charge. Volunteers of Youth Red Cross helped to organize the blood donation camp. After the completion of the blood donation, the Principal thanked and appreciated everyone present in the camp. The day ended with the heartfelt vote of thanks from the Principal and Lions Club has given appreciation letter to the organisers and Principal.

Beneficiaries: 195 Donors

KLE Society's
S. Nijalingappa College
Rajajinagar, II Block, Bengaluru, 560010, Karnataka, India
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College with UGC-STRIDE Component - I

**National Service Scheme (NSS), National Cadet Corps (NCC),
Youth Red Cross (YRC)**

**15MIN
3 LIVES**

**ORGANISES
MEGA BLOOD DONATION CAMP**

OPEN FOR ALL TEACHING NON TEACHING & ADMIN STAFF

**Date : 10th February 2021
Time : 09.00am to 02.00pm
Venue : KLE College Campus
Queries :9844601111**

Dr. Prathibha K.S.
NSS Programme Officer

Dr. K.V. Jayaram
NCC Officer

Dr. Jaganwini V. Nandi
Youth Red Cross Officer

Dr. Arunkumar B. Sompappanavar
Principal



Principal is appreciating blood donor.



Handing over blood sacket to the Lions Club member



Principal is getting testing blood group



Blood pressure checking and distribution of certificates to the blood donors

Twardi
**Youth Red Cross
 Programme Officer**
 KLE's S. Nijalingappa College
 II Block, Rajajinagar, Bengaluru-560 010



[Signature]
Principal
 KLE Society's S. Nijalingappa College
 Rajajinagar, Bengaluru-560 010

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- You should have slept well, eaten well and not taking any medicines to be eligible for blood donation
- Please talk to the medical practitioner and enrol yourself for blood donation today

TWandi

**Youth Red Cross
Programme Officer**
KLE's S. Nijalingappa College
II Block, Rajajinagar, Bengaluru-560 010




Principal
KLE Society's S. Nijalingappa College
Rajajinagar, Bengaluru-560 010

No	Name	Age	Class & Combination	Contact no	Email ID	Signature
1.	Poornima B.K	18	I year PMCs	9353170298	poornimakulkarni2002@gmail.com	Poornima B.K
2.	M. Bhargavi	18	I year PMCs	7829492436	mangobhargavi@gmail.com	M. Bhargavi
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4.	Pooja OPP&I	25	(Faculty)	9481129470	poojapppin9202@gmail.com	Pooja
5.	R.M. Shivamogulal	61	(Faculty)			
6.	Bhoomika H.G	19	I year CZBT	9169476253	chinmashini1219@gmail.com	Bhoomika
7.	Chandana M	19	II year CBBT	7975506628	chandana.chandana.m17@gmail.com	Chandana
8.	Varishree G	20	II year CBBT	8197135357	shreev904@gmail.com	Varishree G
9.	Anusha A	18	I year PMCs	9148578528	anushaappaji1@gmail.com	Anusha
10.	Tejas G	18	I Sem BHM	8095833944	Tejasg60002732@gmail.com	Tejas
11.	Rakesh N.P	18	I Sem BHM	782110288	Rakesh NP 135@gmail.com	Rakesh N.P
12.	Lakshmi S G	18	I Sem PMCs	8618159060	lakshig4@gmail.com	Lakshmi
13.	Shridda D	18	I Sem PMCs	6363833232	shridhanaashetty102@gmail.com	Shridda D
14.	Jayprakash	18	I Sem PMCs	8792516040	laksh.fayazk.50@gmail.com	Jayprakash
15.	Kiran prasad D	19	I Sem PMCs	4111229101	mrk9960@gmail.com	Kiran prasad D
16.	Dr. Roopashri S. Narasimha	39	Faculty (Hindi)	9845836673	roopashrinad@gmail.com	Dr. Roopashri
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18	Madhusudhan S S	36	faculty	9844329576	Sg.madhu.s@gmail.com	<u>Madhusudhan S S</u>
19	Dr. Suresh K C	47	faculty	990621622	sureshk20@gmail.com	<u>Dr. Suresh K C</u>
20	Keerthana S	20	II CBZ (2019)	8834628944	Keerthanase001@gmail.com	<u>Keerthana S</u>
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24	Amisha Jangid S	19	II CBZ	9353163144	amishajangid395@gmail.com	<u>Amisha S</u>
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34	Brunha Shree. C	20	II BSc CBZ	9964533227	3579 brud@gmail.com	<u>Brunha Shree. C</u>

Name	Age	Qualification	Contact No	E-mail	Signature
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54) K. Nasir Reddy	55	H.O.D. English	9844434988	kcc.nasireddy@gmail.com	
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50)	Rakshita	18	I st CBZ	7899219938	rakshitalokane@gmail.com	Rakshita
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