



KLE Society's  
**S. NIJALINGAPPA COLLEGE**

II-Block, Rajajinagar, Bengaluru-10

*Re-accredited by NAAC at A+ grade with 3.53 CGPA*

*College with UGC-STRIDE Component - I*

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YOUTH RED CROSS WING

Organizing

**IQAC INITIATED BLOOD PRESSURE CHECK UP CAMP**

This programme was conducted for the teaching and non-teaching staff of KLE College, to communicate the importance of hypertension and its serious medical complications, to provide information on prevention, detection and treatment.

The Youth Red Cross celebrated World Hypertension Day on May 17<sup>th</sup> 2022. A day dedicated to highlighting the importance of monitoring blood pressure and bringing global awareness to the 1 billion people living with high blood pressure worldwide. Red Cross Wing of K.L.E'S S. Nijalingappa College organised IQAC initiated blood pressure check up camp on view of world hypertension day.

World Hypertension Day is celebrated by World Hypertension League (WHL) annually on 17 May to spread awareness about hypertension disease, its prevention, detection and control. It is a high force on the arteries without signs or symptoms. This day encourages citizens of all countries to prevent and control it. Hypertension is also known as a silent killer. Systolic blood pressure is consistently above 140 mm Hg and diastolic blood pressure consistently above 90 mm Hg is considered as high blood pressure.

The theme of this year is to generate awareness about the importance of the accurate measurement of blood pressure. The main objective behind celebrating the day is to educate people and spread awareness about hypertension and its effects on the body. Some of the major causes of hypertension in young people are high-stress levels, obesity, poor dietary habits and a sedentary lifestyle. Prolonged hypertension puts a person at a higher risk of various medical conditions, including chronic kidney disease, stroke, renal complications, heart failure & cardiovascular diseases. Never neglect high/ low BP or just a headache; hypertension may lead to a serious health crisis and premature death also. .

**Beneficiaries:**

**Outcome:** The teaching & non-teaching staff were came to know their blood pressure readings, Heart beat rate, harmful effects of high blood pressure, low blood pressure, causes control and prevention.



Bengaluru, KA, India  
 12th Main Road, Rajaji Nagar,  
 Lat 12.995903, Long 77.553725  
 05/17/2022 11:57 AM

Volunteers checking Prof, Arunkumar B. S, Principal sir's blood pressure.



Bengaluru, KA, India  
 12th Main Road, Rajaji Nagar,  
 Lat 12.995955, Long 77.553724  
 05/17/2022 12:01 PM

Volunteers checking Prof, Vinayakumar, Principal Sir's blood pressure.



Bengaluru, KA, India  
 17th Main Road, Rajaji Nagar,  
 Lat 12.995732, Long 77.552857  
 05/17/2022 12:09 PM

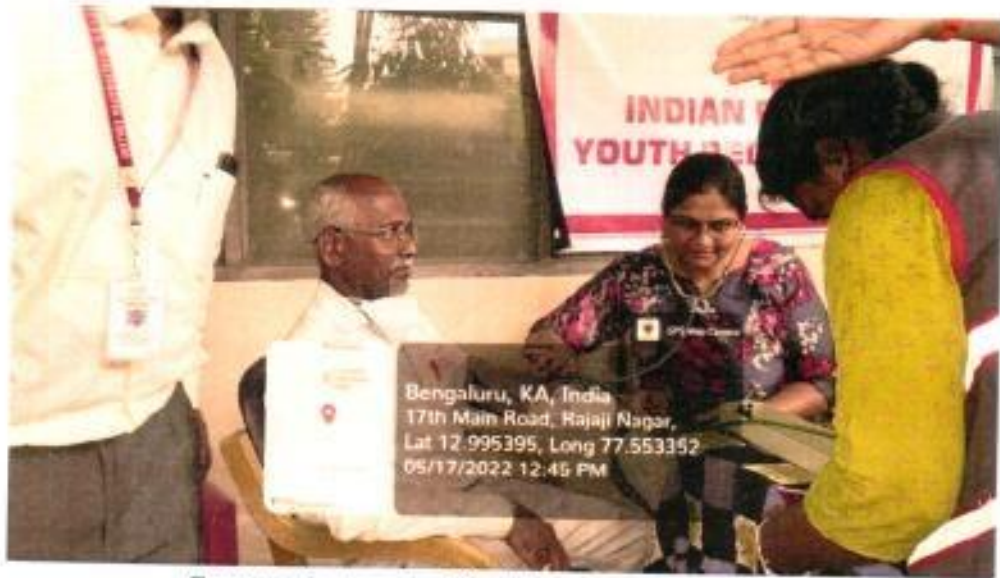
Volunteers checking Prof. Vijayakumar, Life member Sir's blood pressure.

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**Youth Red Cross  
 Programme Officer**  
 KLE's S. Nijalingappa College  
 II Block, Rajajinagar, Bengaluru-560 010



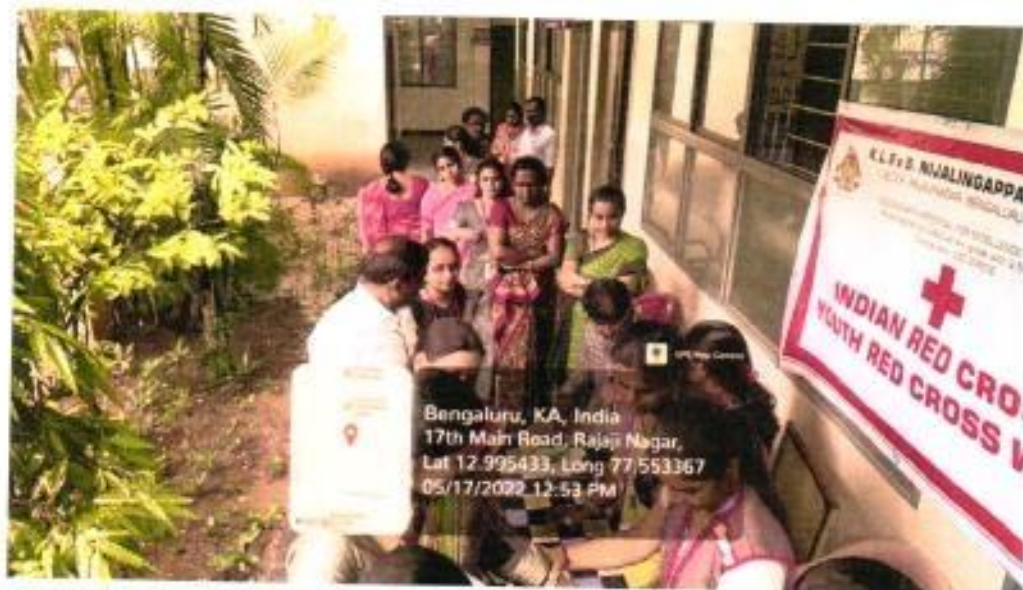
**Principal**  
 KLE Society's S. Nijalingappa College  
 Rajajinagar, Bengaluru-560 010



Campus doctor checking blood pressure of staff.



Campus doctor checking blood pressure of staff.



Teaching and non-teaching staff have assembled near the camp.



Principal's interaction with staff



Principal's interaction with staff



Active participation of staff.

*Twordi*

**Youth Red Cross  
Programme Officer**  
KLE's S. Nijalingappa College  
II Block, Rajajinagar, Bengaluru-560 010



*[Signature]*  
**Principal**  
KLE Society's S. Nijalingappa College  
Rajajinagar, Bengaluru-560 010

World Hypertension DAY

17/05/22

B.P Checkup Camp for

Teaching & Non-Teaching Staff



17/05/22

	Name	Age	BP	Rise	Signature		Name	Age	BP	Pulse	Signature
1	Dr. Anunkumar	54	131/85	101		10.	Prof. Koppal	59	149/102	104	
2	Vinay Kumar	64	151/93	89		11.	Deepushree .S.R	26	110/80	76	
3	Holla	54	145/86	59		12.	Shwetha .R.M	28	130/80	67	
4	Dr. Vijaykumar	32	171/119	95		13.	Rajkumar Reddy	57	100/60	87	
5	Roopa	45	139/116 193/122	85		14	Rajaiah	59	110/70	110	
6.	Bharati	34	92/69	75		15.	Madiwale	58	130/90	72	
7.	Naimisha	31	128/94	76		16.	Yashodha.	45	130/100	96	
8.	Sharadha	48	120/78	73		17.	Banani Mishra	32	130/90	80	
9	Veena	45	112/73	101		18.	Ramappa .A. Yedihalli	59	130/80	703	



Name	Age	BP	Pulse rate	Signature
19. Jagdish T. G.	29	110/80	77	
20. Tanuja Patil		120/80	75	
21. Jyothi	40	110/80	83	
22. Jamma K	25	90/60	85	
23. Sowjini	36	100/70	99	N. Sowjini
24. Shashikanth Shashidharan	48	120/80	72	Shankh
25. K.R. Jagadishan	55	160/110	73	G. R. Jagadishan
26. Dr. Ranjana Singh	43	130/90	83	Ranjana Singh
27. Dr. B.M. Hegematti	56	140/90	95	

Name	Age	BP	Pulse rate	Signature
28. Dr. Shivappa	56	149/100	94	
29. Dr. Suresha Kc	49	147/96	95	
30. Prof. S.S. Joshi	58	154/99	84	
31. Dr. Pratibha K.S.	42	125/77	65	
32. Venkatesh T.K	30	135/91	62	
33. Dr. Jayashree K	57	138/75	87	
34. Dr. Sulechana H	58	110/80	83	
35. Dr. Murali	38	100/70	80	
36. Shivakumar	38	120/80	98	



Name	Age	BP	Pulse	Sign	Age	BP	Pulse	Sign	
37. Rekha.K.M	40	90/60	72	<u>ll</u>	46. Sowdhanini	24	110/60	80	<u>ll</u>
38. Vidyashree	25	100/70	104	Vidya N	47. Ashwini	25	90/60	90	<u>ll</u>
39. Venkatesh Kumar	24	130/100	88	Vidya N	48. Divya Bhatt	27	110/70	93	<u>ll</u>
40. Priyanka	24	110/80	72	<u>ll</u>	49. Arundha	36	90/60	90	<u>ll</u>
41. Rakshana	24	90/60	105	<u>Rakshana R</u>	50. Anjali	36	110/70	85	<u>ll</u>
42. Chethan	26	110/80	109	<u>ll</u>	51. Subhasini	36	120/80	112	<u>ll</u>
43. Divya	25	120/70	87	<u>Divya</u>	52. Trarag, Huesari	48	140/80	101	<u>ll</u>
44. Indudhar	31	110/80	72	<u>ll</u>	53. Tejaswini	52	90/60	95	<u>ll</u>
45. Shivanand.C.S	31	110/80	85	<u>ll</u>	54. Anuja	42	100/70	84	<u>ll</u>








	Age	BP	Pulse	Signs
55 Deepashree	41	110/80		<del>None</del>
56 Sujatha	40	130/80 135/80	90	<del>Signs</del>
57 Pallavi	37	110/80	101	<del>None</del>
58 Ruph	27	90/60	85	Any
59 Savitha	36	120/80	77	<del>None</del>
60 G.v. Mattadh	42	130/90	79	<del>f</del>
61 Sandesh	34	110/70	90	<del>None</del>
62 Chaya	54	180/97	106	<del>None</del>
63. Rajeev Potadar	40	132/76	109	<del>Referral</del>

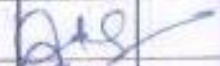
	Age	BP	Pulse	Sign
64. Savitha	43	116/72	91	<del>None</del>
65. Aadithya	33	156/132	100	<del>None</del>
66. Ravishankar	53	160/90	95	<del>None</del>
67. Murali Mohan	39	133/78	96	<del>None</del>
68. Bhuvaneshwari	38	152 152/83	84	<del>None</del>
69. Manisha	26	109/85	84	<del>None</del>
70. Jagadevappa Bisadar	58	120/78	93	<del>None</del>
71. Nagireddy sir	57	143/93	79	<del>None</del>
72. Madhu V-Y	28	149/75	97	<del>None</del>



		Age	B.P	Pulse	Signature
73	Sushma Mani	42	128/83	85	
74	Sumangala M.	47	119/75	90	
75	Sumangala G.	35	114/69	86	

*Wardhi*

Youth Red Cross  
 Programme Officer  
 KLE's S. Nijalingappa College  
 II Block, Rajajinagar, Bengaluru-560 010

  
 Co-ordinator  
 Internal Quality Assurance Cell  
 S. Nijalingappa College, Bengaluru-10


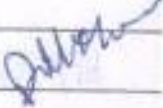
  
 Principal  
 KLE Society's S. Nijalingappa College  
 Rajajinagar, Bengaluru-560 010



Non-Teaching Staff

B.P Check Up Camp

Date :- 17/05/22

	Age	BP	Pulse	Signature
1) Savithamma	52	129/100	87	
2) Kala	46	174/96	77	Kala
3) Ratnamamma	51	120/70	99	R.S. Reddy
4) Nirmala	55	110/70	106	Niranda
5) Purushotham	39	160/100	102	
6) Anitha	38	110/80	107	Anitha
7) S. Mangala	44	110/80	86	S. Mangala
8) Geetha H.C.	42	124/79	79	Geetha
9) Venkanna Gowda	39	190/132	84	Vimale



10) Kamala	55	130/80	81	Kandas	19) Lakshmi. B	49	111/71	77	Lakshmi
11) Harimath	53	137/81	61	<del>Am</del>	20) Dhavalakshmi	21	99/62	100	<del>Am</del>
12) Ganesh	60	141/25	102	M's 08	21) Meghana S.	24	103/42	74	<del>Am</del>
13) Basanchar	34	115/25	74	B	22) Mahankumar	39	123/93	105	<del>Am</del>
14) Satish	43	139/94	82	Sdju	23) Chalappa	30	129/105	90	meys
15) Vijaya kaler	45	108/59	97	<del>Am</del>	24) Manjunath	28	128/55	106	manju
16) Dr. G. Asha	54	129/100	93	<del>Am</del>	25) Siddharaju	34	132/84	83	Siddhar
17) Pranav	20	148/80	94	<del>Am</del>					
18) Madhev	45	151/104	95	v madhivar					

Head of the Zoology Department  
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 Co-ordinator  
 Internal Quality Assurance Cell  
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~~Am~~  
 Principal  
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