



**KLE Society's
S. NIJALINGAPPA COLLEGE**

II-Block, Rajajinagar, Bengaluru-10
Re-accredited by NAAC at A⁺ grade with 3.53 CGPA
College with UGC-STRIDE Component - I
Phone: 080-23526055, 080-23325020, Fax 080-23320902

Website: www.klesnc.org

E-mail: info@klesnc.org

kleaccts@yahoo.com

YOUTH RED CROSS

Date: 08.03.2022

Beneficiaries: 100 PU students

Purpose: Popularization of Basic Science & Health check up camp

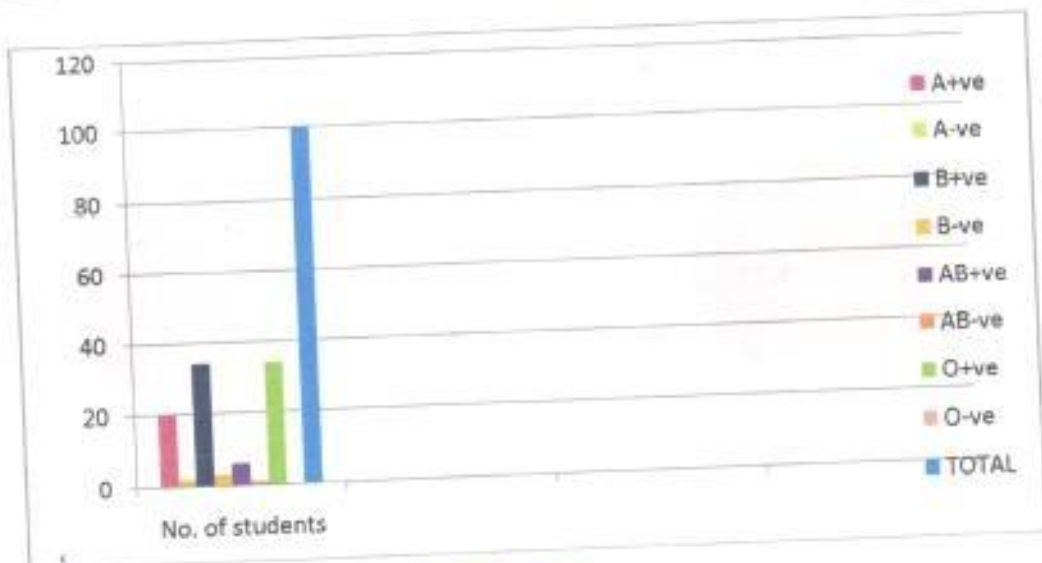
Department of Zoology has organized an extension activity on 08th March 2022 at BBMP PU College, 1st Cross Road, Keshava Nagar, Binnipete, Bengaluru. The Programme was started with welcome speech; introduction about KLE Society's S Nijalingappa College was given by Dr. Tejaswini V. Nandi HoD, Zoology and also explained about our college Library, well-equipped Laboratories and other physical facilities available.

The programme was preceded with BMI, Blood typing and Blood Pressure (BP) checking and obesity by department of Zoology and YRC wing. 100 students were benefitted by this programme.

OUTCOME: The students were educated about the importance of Basic science, its relevance and significance in the present-day scenario. Students gained knowledge of blood grouping, blood pressure and obesity.

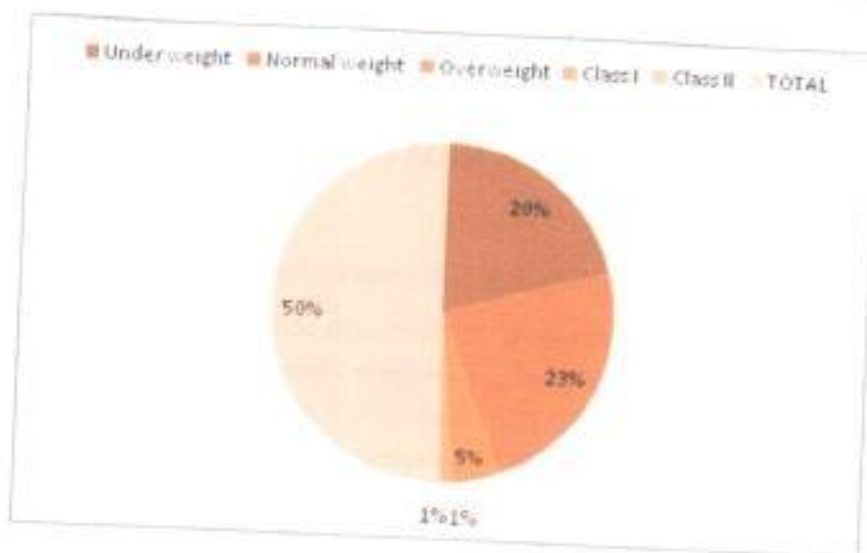
ANALYSIS: Blood groups

Blood groups	A ^{+ve}	A ^{-ve}	B ^{+ve}	B ^{-ve}	AB ^{+ve}	AB ^{-ve}	O ^{+ve}	O ^{-ve}	TOTAL
No. of students	20	02	34	03	06	01	34	Nil	100



BMI overall

Weight	Under weight	Normal weight	Overweight	Class I	Class II	TOTAL
No. of students	41	47	09	02	01	100



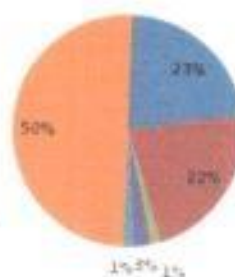
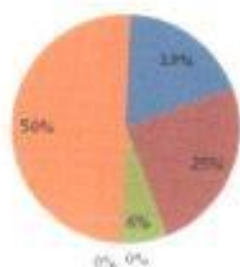
BMI Gender wise - Female

Weight → Gender ↓	Under weight	Normal weight	Overweight	Class I	Class II	TOTAL
Female	23	31	08	-	-	62
Weight → Gender ↓	Under weight	Normal weight	Overweight	Class I	Class II	TOTAL
Male	17	17	01	02	01	38

Female

Male

Legend for Female: Under weight (dark brown), Normal weight (orange), Over weight (light orange), Class I (yellow), Class II (light yellow), TOTAL (pale yellow). Legend for Male: Under weight (dark brown), Normal weight (orange), Over weight (light orange), Class I (yellow), Class II (light yellow), TOTAL (pale yellow).





Demonstration of blood grouping by faculty



Blood pressure check-up by YRC volunteer



Blood grouping by YRC volunteer



Blood grouping by YRC volunteer



Group Photo



Handed over token of appreciation



Twinkl
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 Programme Officer**
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 Bengaluru-560 010



[Signature]
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 KLE Society's S. Nijalingappa College
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Extension Activity - 2121 - March 2022

Govt PU College Magadi Road

BBMP - PU College

DATE: 08/03/2022

Conducted By YRC and Zoology
Department.



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BLOOD PRESSURE RANGE

Ideal BP is betⁿ 90/60mmHg & 120/80mmHg.

High BP - Above 140/90mmHg

Low BP - Below 90/60mmHg.

BMI RANGE

(BMI) OBESITY CHART

Under weight - < 18.5

Normal weight - $18.5 - 24.9$

Overweight - $25 - 29.9$

Obese (Class I) - $30 - 34.9$

Severely obese (Class II) - $35 - 39.9$

Morbidly obese (Class III) - $40 - 49.9$

Super obese (Class IV) - > 50

HAEMOGLOBIN RANGE

Men - $13.2 - 16.6$ grams / deciliter.

Women - $11.6 - 15.0$ " "

Low Hb men - < 13.2 gms/dl

Low Hb Women - < 11.6 gms/dl

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DATE: _____

Sl. No	Name	Age	Height	Weight	Blood Grp	Hb. %	BMI = $\frac{Wt}{H^2}$	Remarks	Signature
01	Mohammed Mazz	17	170	93.7	O+	126/94	32.4	Class I	[Signature]
02	Pootham	18	164	40.3	B+	111/77	14.9	Under wt	Pootham N
03	Jamuna M	16	154	41.4	O+	120/82	17.5	Under wt	Jamuna M
04	Abhishek G	18	165	49.5	O+	127/91	18.2	Under wt	Abhishek G
05	Punith Yadav. BM	18	173	56.2	O+	143/81	18.9	Normal wt	Punith
06	Sethupathy	17	160	62.7	B+	135/115	24.5	" "	Sethupathy
07	Dinakaran	17	170	72.7	O+	117/72	25.2	overweight	Dinakaran G
08	Hariharan	16	167	47.8	A+	122/66	17.1	Under wt	Hariharan
09	Sonu kumar	18	166	58.1	A+	115/88	21.1	Normal wt	Sonu kumar
10	Rateesh	18	165	49.4	O+	123/75	18.2	Under wt	Rateesh A
11	Venugopal	19	166	53	B+	135/84	19.2	Normal wt	Venugopal
12	Mahender	17	178	45.6	A+	160/137	14.4	Under wt	Mahender
13	Nandeesh	17	165	60.1	O+	140/95	22.1	Normal wt	Nandeesh
14	Raghu Raghu	18	173	69.9	AB-	138/91	23.4	" "	Raghu
15	Sreedevi	18	154	48.0	B-	124/94	20.3	" "	Sreedevi
16	Sneha N.	18	151	41.3	B+	102/71	18.1	Under wt	Sneha N
17	Dhanyalakshmi. A	16	150	44.5	A+	114/70	19.8	Normal wt	Dhanyalakshmi

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Sl. No	Name	Age	Height	Weight	BMI	Blood Group	H.B	Remarks	Signature
18	A. Nandini	16	148	39.9	18.2	B+	104/82	18.2 LW	Nandini. A
19	Sangeetha	16	150	53	23.6	A+	118/58	23.6 NW	Sangeetha. S
20	Gowri	16	158	55.3	22.1	B-	123/108	22.1 NW	Gowri. S
21	Pavithra	17	152	55.6	24.1	B+	124/77	24.1 NW	Pavithra. G
22	Lipitha. V	18	153	53	22.6	B+	112/80	NW	Lipitha. V
23	Kathisavan	17	163	64.8	24.4	AB+	136/130	NW	Kathisavan
24	Sumaya Kousar	17	158	51.5	20.6	A+	80/72	NW	Sumaiya Kousar
25	Lavanya	17	151	37.6	16.5	A-	91/77	Under wt	Lavanya. K
26	Maheshwari	18	167	53.1	19.0	O+	109/69	NW	Maheshwari. G
27	Priyanka. S	16	152	40.3	17.4	A+	100/64	LW	Priyanka. S
28	Shivashankari	16	154	49.7	20.9	A+	121/77	NW	Shivashankari
29	Gaganashree	16	169	52.9	18.5	B+	121/68	NW	Gaganashree
30	Pavithra	17	153	46.5	19.9	O+	120/68	NW	Pavithra. G
31	Deepika	19	162	77.1	29.4	B+	112/75	Over wt (NW)	Deepika. S
32	Priyanka S	17	157	41.2	16.7	B+	91/56	LW	Priyanka. S
33	Gokul. P	16	162	53	20.2	O+	115/72	NW	Gokul. P
34	Gokul. M	17	168	66.5	23.6	O+	128/80	NW	Gokul. M

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Sl. No	Name	Age	Height	Weight	BMI	Blood Group	H.B	Remarks	Signature
35	Vijay. P	16	166	50.7	18.4	A+	120/104	LW	Vijay.P
36	Chidananda. R	17	173	53.7	17.9	O+	122/65	LW	Chidananda R
37	Santhosh Kumar	16	166	50.5	18.4	AB+	104/72	LW	Sc.
38	Venkaatesh.	17	163	93.7	35.2	O+	137/68	Class II	Venkaatesh.K
39	Harish	18	183	53.7	16.0	B+	112/97	LW	Harish
40	Ramya	17	158	39.7	15.9	B+	93/75	LW	Ramya.R
41	Komal	17	156	53.2	21.9	O+	102/64	NW	Komal.
42	Arya. S	17	161	45.8	18.4	A+	111/61	LW	A.
43	Prajwal. B	17	172	46.8	15.8	B+	115/76	LW	Prajwal
44	Tejas Rao. S	16	163	45.8	17.2	AB+	128/104	LW	Tejas Rao
45	Keerthana H. R	18	152	37.5	16.2	O+	93/51	LW	Keerthana
46.	Sushmitha K. V	17	150	42.1	18.7	O+	90/56	NW	Sushmitha
47	Meghashree	17	161	67.6	26.1	O+	106/76	OW	Meghashree
48	Ramya. R	17	152	42.5	18.4	O+	100/78	LW	Ramya
49.	Nandini. M	17	155	36.8	15.3	B+	75/47	LW	Nandini.M
50.	Sumaya Taj	18	156	41.4	17.0	B+	69/34	LW	Sumaya Taj
51.	Divya. V	17	149	41.8	18.8	O+	77/63	NW	Divya.V

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Sl. NO	NAME	Age	Height	Weight	BMI	Blood Group	HR	Remarks	Signature
52	Swathi	17	154	46.8	19.7	B+	91/61	NW	Swathi A.
53	Radhika S	17	153	37.8	16.2	B+	98/65	LLW	Radhika S
54	Monika	17	157	44.3	18.0	O+	96/80	LLW	Monika
55	Roja K	16	145	43.6	20.8	B+	102/70	NW	Roja K
56	Abhinaya K	16	153	48.8	20.9	O+	104/58	NW	Abhinaya
57	Pooja S	17	154	44.5	18.8	A+	111/91	NW	Pooja S
58	Ashwini	16	155	43.8	18.3	O+	70/48	LLW	Ashwini
59	Abhinaya S	17	155	54.9	22.9	O+	111/72	NW	Abhinaya S
60	Kavya K	17	156	40.2	16.5	O+	76/48	LLW	Kavya K
61	Shalini V	17	146	47.5	22.3	B+	97/57	NW	Shalini V
62	Kanitha	17	148	34.1	15.6	A+	79/35	LLW	Kanitha
63	Roshni	17	145	35.5	16.9	B+	87/53	LLW	Roshni
64	Darshini	17	150	39	17.3	A+	106/65	LLW	Darshini
65	Dhanushree	17	161.5	61.9	23.6	B+	119/75	NW	Dhanushree
66	Suchithra S	17	151	59.4	26.0	A+	97/67	OW	Suchithra S
67	Suchithra C	17	159	51.9	20.5	A+	87/53	NW	Suchithra C
68	Apeksha S	17	168	41.2	14.6	O+	99/46	LLW	Apeksha S

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 KLE's S. Nijalingappa College
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Sl. No	Name	Age	Height	Weight	BMI	Blood Group	Hb/	Remarks	Signature
69	V. Sreedevi	16	163	70.8	26.6	B+	100/47	OW	V. Sreedevi
70	Anitha . M	17	166	45.1	16.3	B+	104/84	LW	Anitha . M
71	Nadiya	16	152	44.0	19.0	O+	97/67	NW	Nadhiya
72	Bhavya	17	163	39.2	14.7	A+	72/38	LW	Bhavya
73	Monisha	19	156	61.1	25.1	A+	60/72	OW	Monisha
74	Divya . S	18	147	37.4	17.3	B+	109/79	LW	Divya . S
75	Madhumitha . N	16	152	66.7	28.9	O+	120/92	OW	Madhumitha . N
76	Aarthi . U	17	159	69.4	27.4	B-	101/73	OW	Aarthi . U
77	Keerthi shree . M	17	161	67.8	26.2	B+	93/75	OW	Keerthi shree . M
78	Chaitrashree . S	17	158	47.4	19.0	O+	102/64	NW	Chaitrashree . S
79	Samitha	16	156	53.3	21.9	A+	90/56	NW	Samitha
80	Nandini . S	16	155	45.9	19.1	B+	100/78	NW	Nandini . S
81	Bhagya . A	17	148	47.6	21.7	B+	75/47	NW	Bhagya . A
82	Anitha Selvi	17	153	42.9	18.3	O+	111/77	LW	Anitha Selvi
83	Lavanya . C	17	161	61.3	23.7	O+	120/82	NW	Lavanya . C
84	Shwetha	16	156	39.0	16.0	B+	160/37	LW	Shwetha
85	Monisha	16	155	58.9	24.5	A+	88/91	NW	Monisha

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 21 Block, Rajanagar, Bengaluru-560 010



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ANALYSIS

A^+ -20 A^- -02 AB^+ -06 AB^- -01 LW-41 OW-09
 B^+ -34 B^- -3 O^+ -34 O^- -Nil NW-47 CLASS-I-02


LW NW OW C-I C-II
 Class-II - 01 Female- 23 31 08 - - = 62
 Male- 17 17 01 02 01 = 38

Sl. NO.	Name	Age	Height	Weight	BMI	Blood Group	Hb/	Remarks	Signature
86	Harisharan	19	172	51.5	17.4	B+	115/88	LW	Harisharan
87	Gagan. S	19	162	53.5	20.4	AB+	102/71	NW	Gagan. S
88	Darshan	18	172	49.9	16.9	B+	118/58	LW	Darshan
89	Hitesh	17	170	64.6	22.4	AB+	91/77	NW	Hitesh
90	Krushna. P	17	157.5	36.4	14.6	O+	100/64	LW	Krushna. P
91	Bharath Kumar	17	152	56.8	24.8	O+	112/75	NW	Bharath Kumar
92	Wasim Akram	19	169	87.4	30.6	B+	91/56	CLASS I	Wasim Akram
93	Kiran	18	172	49.2	16.6	AB+	120/92	LW	Kiran
94	Rohith	19	169	54.8	19.2	A+	90/56	NW	Rohith
95	Rohith Sudheep	20	154	53	22.4	B+	111/72	NW	Sudheep
96	Poonam. M	20	146.5	49.2	22.8	B+	78/49	NW	Poonam
97	Darshan	20	180	68	20.9	A-	110/80	NW	Darshan
98	Syed Umar	20	168	64	22.7	O+	111/72	NW	Syed Umar
99	Sanjay	21	152	55	23.8	B+	110/80	NW	Sanjay
100	Praveen	20	173	52.6	17.6	O+	112/75	LW	Praveen

T.Wards

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